

Standards 2019 für Saarländische Meisterschaften Stadion
Aktive bis U16

Disziplin	Männer	MU20	MU18	M15	M14	Frauen	WU20	WU18	W15	W14
100 Meter	11,35	11,70	11,85	12,75	13,00	12,75	13,00	13,15	13,75	13,95
200 Meter	22,75	23,40	23,90	---	---	26,40	26,80	27,00	---	---
300 Meter	---	---	---	40,00	---	---	---	---	44,20	---
400 Meter	51,00	52,70	54,00	---	---	62,00	62,5	62,8	---	---
800 Meter	1:58,00	02:04,0	02:06,5	02:13,0	02:21,00	2:21,00	2:26,50	2:28,00	2:33,00	2:38,00
1500 Meter	4:03,00	04:23,0	04:31,0	---	---	04:56,00	5:13,00	5:18,00	---	---
2000 Meter	---	---	---	---	---	---	---	---	8:21,00	8:47,00
3000 Meter	---	---	10:05,0	10:45,0	11:25,00	---	12:00,00	12:16,00	---	---
5000 Meter	15:40,00	17:20,0	---	---	---	19:40,00	---	---	---	---
4*100 Meter	---	---	---	---	---	---	---	---	---	---
4*400 Meter	---	---	---	---	---	---	---	---	---	---
80 Meter Hürden	---	---	---	12,25 (0,838)	12,80 (0,838)	---	---	---	13,50 (0,762)	13,80 (0,762)
100 Meter Hürden	---	---	---	---	---	15,80 (0,838)	16,80 (0,838)	16,50 (0,762)	---	---
110 Meter Hürden	15,70 (1,067)	16,60 (0,991)	16,35 (0,914)	---	---	---	---	---	---	---
300 Meter Hürden	---	---	---	47,30 (0,838)	---	---	---	---	49,30 (0,762)	---
400 Meter Hürden	58,20 (0,914)	61,00 (0,914)	62,30 (0,838)	---	---	66,50	69,00 (0,762)	70,50 (0,762)	---	---
Hochsprung	1,85	1,75	1,70	1,60	1,50	1,55	1,51	1,48	1,40	1,35
Stabhochsprung	4,30	3,75	3,40	2,50	2,35	2,90	2,60	2,50	2,30	2,15
Weitsprung	6,80	6,50	6,25	5,65	5,25	5,45	5,25	5,20	5,05	4,85
Dreisprung	12,85	12,10	11,70	11,4	---	10,90	10,40	10,00	9,50	---
Kugelstoßen	14,15 (7,26)	13,70 (6)	13,60 (5)	13,20 (4)	11,35 (4)	12,20 (4)	9,40 (4)	11,20 (3)	10,50 (3)	9,70 (3)
Diskuswurf	43,00 (2)	38,00 (1,75)	39,00 (1,5)	38,00 (1)	31,00 (1)	36,00 (1)	32,00 (1)	31,00 (1)	28,50 (1)	24,50 (1)
Hammerwurf	49,00 (7,26)	38,00 (6)	41,00 (5)	31,50 (4)	25,50 (4)	40,00 (4)	33,00 (4)	38,00 (3)	29,50 (3)	24,50 (3)
Speerwurf	56,50 (800)	50,00 (800)	50,00 (700)	40,00 (600)	35,50 (600)	39,00 (600)	36,50 (600)	37,00 (500)	31,00 (500)	30,00 (500)